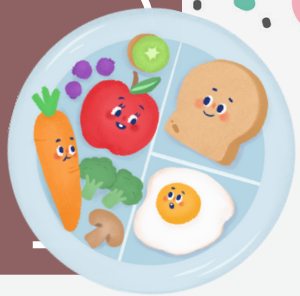
2025 January
LUNCH MENU
Beiling Primary School



Date	Main Dish	Side Dish 1	Side Dish 2	Side Dish 3	Soup	Other/Fruit
Jan 2 (Thu)	Steamed White Rice	Sesame Oil Mushroom Stew	Braised Tofu	Loofah with Vermicelli	Sweet Potato Ball Soup	Cherry Tomatoes
Jan 3 (Fri)	Germ Rice	Swedish Meatballs	Braised Cabbage with Winter Melon	Century Egg with Sweet Potato Leaves	Garlic Chicken Soup	Yogurt
Jan 6 (Mon)	Brown Rice	Sichuan Pickled Cabbage Fish	Shrimp-Flavored Mashed Potatoes	Ginger Stir-Fried Spinach	Hot Pot Soup	Ponkan
Jan 7 (Tue)	Steamed White Rice	Honey-Glazed Chicken	Broccoli with Seafood	Basil Seaweed	Radish Pork Rib Soup	Strawberries
Jan 8 (Wed)	Rice Noodles	Hakka-Style Rice Noodles	Mixed Nuts Bun	Strawberry Roll	Hakka Glutinous Rice Ball Soup	Soy Milk
Jan 9 (Thu)	Furikake Rice	Century Egg Braised Tofu	Scrambled Eggs with Carrot	Ginger Stir-Fried Bok Choy	Mung Bean Vermicelli Soup	Jujube Apple
Jan 10 (Fri)	Five-Grain Rice	Braised Pork Chop	Vegetable Meatballs	Stir-Fried Cabbage with Celery	Seaweed Egg Drop Soup	Yogurt
Jan 13 (Mon)	Germ Rice	Steamed Egg with Minced Pork	Hakka Stir-Fry	Organic Vegetables	Pineapple Winter Melon Soup	Ponkan
Jan 14 (Tue)	Sesame Rice	Plum Sauce Chicken Dice	Braised Mixed Vegetables	Stir-Fried Mushrooms with Spinach	Preserved Vegetable Duck Soup	Strawberries
Jan 15 (Wed)	Steamed White Rice	Korean Bibimbap	Stir-Fried Pork with Kimchi	Cheese Bagel	Seaweed Miso Soup	Fresh Milk
Jan 16 (Thu)	Sweet Potato Rice	Basil Braised Tofu	Stir-Fried Tomato and Egg	Stir-Fried Cauliflower	Malt Pearl Soup	Banana
Jan 17 (Fri)	Oatmeal Rice	Stir-Fried Pork with Scrambled Egg	Shredded Chicken with Bean Sprouts	Bok Choy with Mushrooms	Miso Tofu Soup	Oat Milk
Jan 20 (Mon)	Steamed White Rice	Braised Chicken Leg	Stir-Fried Glass Noodles with Minced Pork	Stir-Fried Cabbage	Corn Egg Drop Soup	Apple